

Widow Resource List

Government Agencies

- SSA ssa.gov
 - SSA Survivor Benefits ssa.gov/survivor
- IRS irs.gov
- Medicare/Medicaid
 - medicare.gov
 - medicaid.gov
- State Vital Records Office
dhs.wisconsin.gov/vitalrecords/index.htm
- State Department of Motor Vehicles
wisconsin.gov/Pages/online-srvcs/external/dmv.aspx
- Veteran's Affairs dva.wi.gov

Grief Support

- GriefShare griefshare.org
- Modern Widows Club
modernwidowsclub.org
- **Soaring Spirits International** – Peer-based programs and camps for widows/widowers
soaringspirits.org
- **Hospice Bereavement Programs** – Even if your spouse wasn't in hospice, local hospices often offer free grief counseling.
- **Local Places of Worship** – Many offer grief ministries and support groups.
- **Therapist Directory** – Search for a grief/loss therapist psychologytoday.com

Credit Bureaus

- Experian experian.com
- TransUnion transunion.com
- Equifax equifax.com
- Free annual credit report
annualcreditreport.com/index.action

Financial Planning

- Wings for Widows wingsforwidows.org
- [Letsmakeaplan.org](https://letsmakeaplan.org)
- Sudden Money Institute suddenmoney.com
- Women's Institute for a Secure Retirement
wiserwomen.org

Other

- AARP aarp.org
- 211 Wisconsin 211wisconsin.communityos.org
- ADRC dhs.wisconsin.gov/adrc/contacts.htm

